

Suicide prevention and Welfare Policies for Children And Young Adults: A comparison of France and Japan



Picture:
Robert-Debré child hospital, Paris

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1/3 of minor suicide rate in France compare to Japan

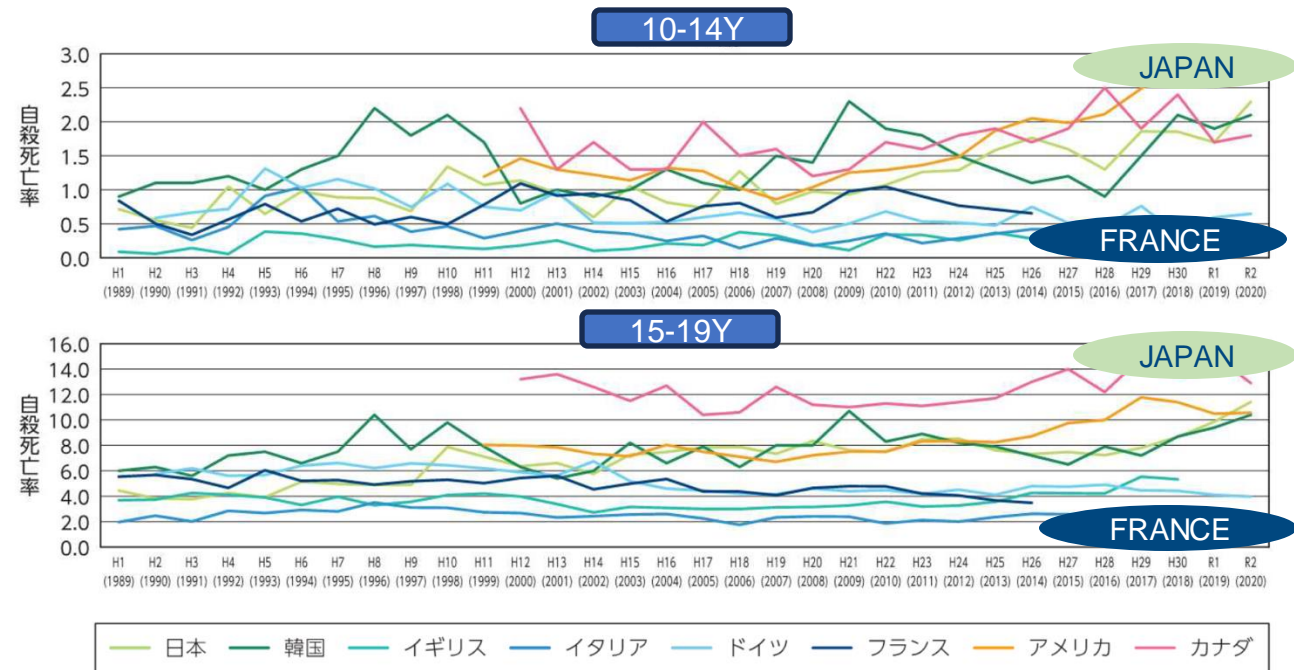
France and Japan had relatively high suicide rates in the overall population as of 2000 (20.19 and 23.9 per 100 000) and have focused their efforts on suicide prevention, seeing reductions of 32% and 42% respectively for suicide rates in the overall population over the 20 years to 2019.

However in terms of suicides among young people(15-24 years old), France have been able to achieve low value (4.11 per 100 000) by the international standard, whereas in Japan the rate has remained high (12.44 per 100 000).

Here I present the welfare support for children and young people in France, and in particular interventions after suicides attempts.

Suicide rates per 100000(both sex) 2019		
	15-19	15-24
France	2.81	4.11
Japan	7.84	12.44
Korea	9.91	14.28
USA	9.42	14.4
		WHO statistics

第2-3-4図 先進国における10~29歳の年齢階級別にみた自殺死亡率の推移(男女計)



資料：世界保健機関資料ほか²より自殺対策推進センター作成

² 自殺死亡率について、日本は厚生労働省「人口動態統計」、韓国は韓国統計庁資料、アメリカは米国疾病予防管理センター資料、カナダはカナダ統計資料より引用した。イギリス、イタリア、ドイツ及びフランスの自殺死亡率は、世界保健機関資料「Mortality Database」より自殺対策推進センターにて算出した。

Suicide is a collective incident and drives political issues



« Justice to Lindsay » 2023.7 France 13y

France – suicide is a political issue, a collective incident
If there is a suicide, it means there was a failure in politic

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Japan – Suicide is less considered as political issues,
After each suicide there's very few political movement

Nora Fraisse
Marion
13 ans pour toujours

“
Au travers de conférences, de groupes de parole, de formation, d'ateliers, nous apprenons à prévenir les violences scolaires.
Nora Tirane Fraisse

LE HARCÈLEMENT SCOLAIRE TUE
calmann-levy

MARION 13 ans pour toujours

A mother who lost her child realized the public budget to Every department in France for specialized psychological care about school harassment, and for training course for school professionals

« fight so that you can live as you are » Lucas13y 2023.1 France



School is the place which detects the most teens' trouble. (School does the prevention)



4 PRIORITÉS POUR RENFORCER LA MAÎTRISE DES FONDAMENTAUX

De nouvelles recommandations pédagogiques viennent en appui des programmes scolaires pour faciliter l'apprentissage, par tous les élèves du primaire, des savoirs fondamentaux :

LIRE

ÉCRIRE

COMPTER

RESPECTER
AUTRUI

Fondamental capacity:
reading, writing, calculating, **respecting others**

Ministry of éducation in France stipulate that school is not only the place to study but also the place to learn about **social and psychological skill**.

Prevention of suicide is primarily the domain of professionals like social workers and psychologists working daily at child related institutions, like school or after-school childcare facilities.

School is the place which detects the most teens' trouble.

At health check-ups there is **an obligation to check psychological health** and if needed the **school has to follow-up until a resolution of the issue**. (Education act L541-1)

To guarantee children's well-being is an obligation for school!
French school don't wait the family to act.

安發明子

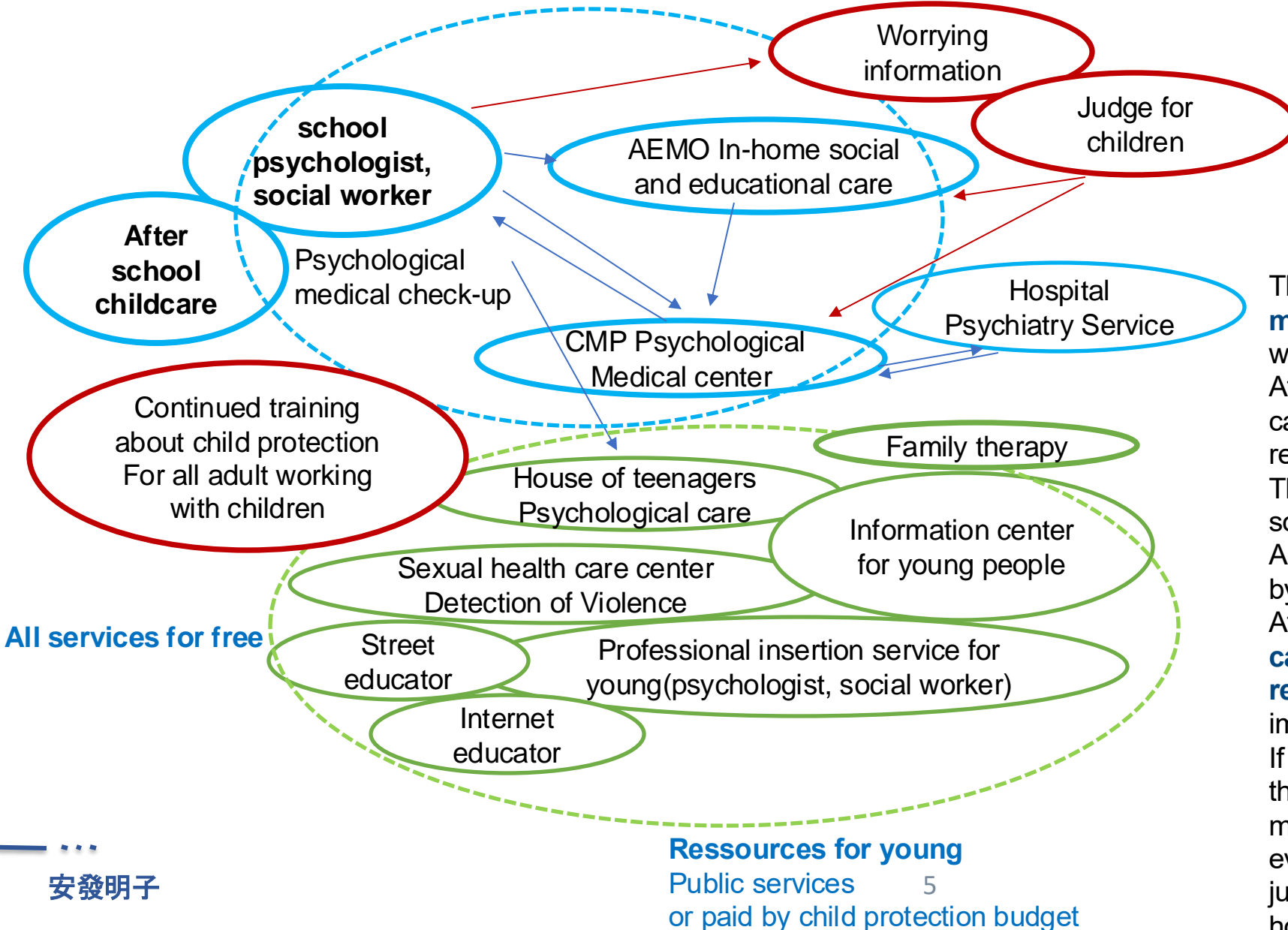
France : Aim
of education
is to have
Responsible
Citizen



Japan :
Mothers
Even in the
sandbox



Daily prevention system in France



The school collaborates with a **psychological medical center** (CMP) to take care of a child who shows signs of trouble.

At CMP, a doctor or psychologist coordinates care of this child and the family. Parents can also receive care in this place.

The school or CMP can also suggest in-home social and educational care (AED or AEMO). AEMO, held by specialized institutions financed by child protection budget.

At AEMO, qualified educator comes for **in-home care 5 hours per month or once a week to resolve problems** of each family member to improve the child's environment.

If needed, a judicial decision is taken to protect the child's rights. When a child doesn't take medical follow-up or parents don't act enough even while the child's situation is still worrying, a judge for children can order medical care or in-home care.

AEMO in-home care and CMP psychological medical center



School social worker recognized that Emma is tired



Emma's mother doesn't feel good



School social worker couldn't help mother



Judge for children talked with Emma and Decided AEMO and CMP care



AEMO's educator help to resolve mother's problems
Once a week



AEMO's social and family helper helped mother's daily life 3 times a week



CMP's psychologist received Mother and Emma
Once a week



Mother and Emma
Can continue to live together

Self-injury or attempted suicide is a child protection matter

As prevention, it is important that suicidal ideation, self-injury or attempted suicide is considered as a **child protection matter**.

French Civil Law 375 states:

“when child health, security, and moral is in danger or at risk, when physical, affective, intellectual, or social development condition is at risk, educational assistance can be ordered by the courts”.

All citizens have the responsibility to inform the concerned office of each administrative unit. (criminal law 434-3)

All adults who work with children like sport or cultural club instructors have an **obligation to have ongoing training about child protection and to know the signs of a child at risk**. (Social action and family act L226-12-1)

« Child SOS phone » explanation

France

Looks tired, pale, too quiet, can't concentrate,
School result got worse, avoid certain situation,
Not motivated, got thin or fat, stopped to grown,
Get sick often, violent or aggressive, runaway or escape,
get injured often, sexual saying or doing ..

Symptoms that others can observe
Can realize prevention action

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Japan

Physical abuse: hit, kick, burn, drown
Sexual abuse: rape, take porno
Neglect: don't let eat..
Psychological abuse: threaten, ignore..

After tragedy has happened
Difficult to know



SCHÉMA PARISIEN DE PRÉVENTION
ET DE PROTECTION DE L'ENFANCE
2021-2025



Prévenir, protéger et défendre
les Droits de l'enfant



After risk coordination by the hospital



Medical team
Do the role to
Coordinate the care

If there is a risk..

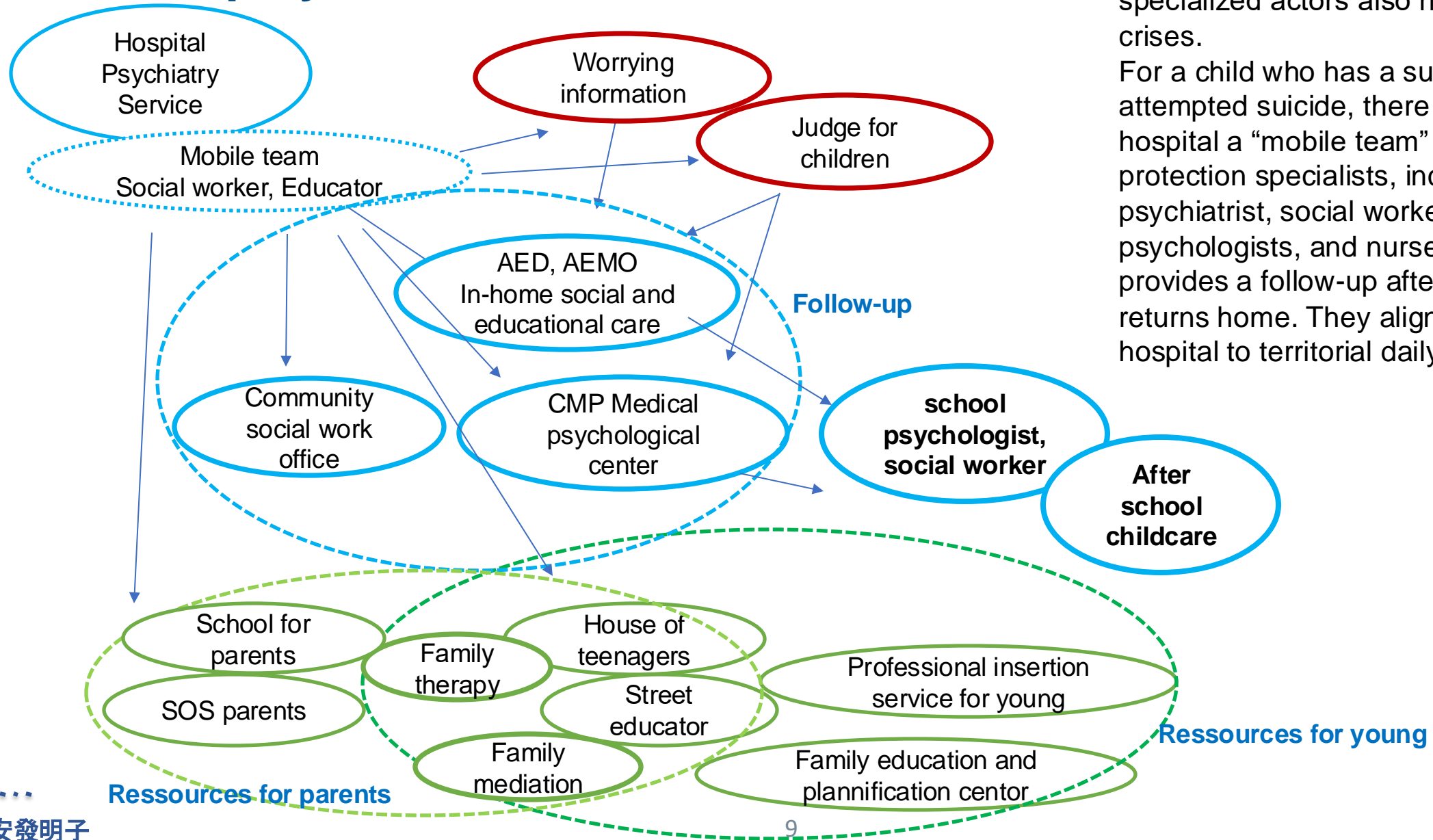


School professionals
Are responsible to check
Children's symptoms

Ex. Suicidology department in Robert Debré hospital in Paris
Suicidal ideation 44%, attempt suicide 20%.. (May-June 2023) others self-enjury etc.
Consultation with child psychiatrist and nurse for 1 hour
Explain that medical team will coordinate support system in child's living area within 3 weeks.
Child will come to a consultation every week during 3 weeks
Parents will participate to a « parents meeting » 4 times in 5 weeks to be prepared to better act as a key person
Nurse will phone child and parents 1 month, 3 months and 6 months later.

Child wants to become happy, and parents want to act better for their kids so every patients are motivated in this process.

Follow-up system after risk in France



If child's needs covers different topics, specialized actors also help teenagers' crises.

For a child who has a suicidal ideation or attempted suicide, there exists in some hospital a "mobile team" of child protection specialists, including psychiatrist, social workers, psychologists, and nurses, which provides a follow-up after the child returns home. They align him/her from hospital to territorial daily care system.