



Latest Achievement from The First 1000 Days Project: Comparison of FranceFR, SwedenSE and JapanJP through Child Maltreatment Prevention Perspective

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【 Abstract 】

This study examines 3 countries' concrete implementation of UNICEF's "The First 1000 Days", which aim to improve 4 months pregnancy to 2 years primary prevention.

"The First 1000 Days" = Nutrition and environmental factors have life-long effects on how well or how poorly mothers and children are nourished and cared for during this time has a profound impact on a child's ability to grow, learn and thrive". <https://thousanddays.org/why-1000-days/>

【 Take away points 】

- The First 1000 days focus let us know Preventive approach of the first days of life.
- Each country develops their own value and practice inspired by UNICEF's The First 1000 days.

【 Conclusion 】

In France and Sweden, social service for pregnancy and childhood is universal, and day care is for everyone. Services to help parenthood are promoted. Social service aims early prevention.

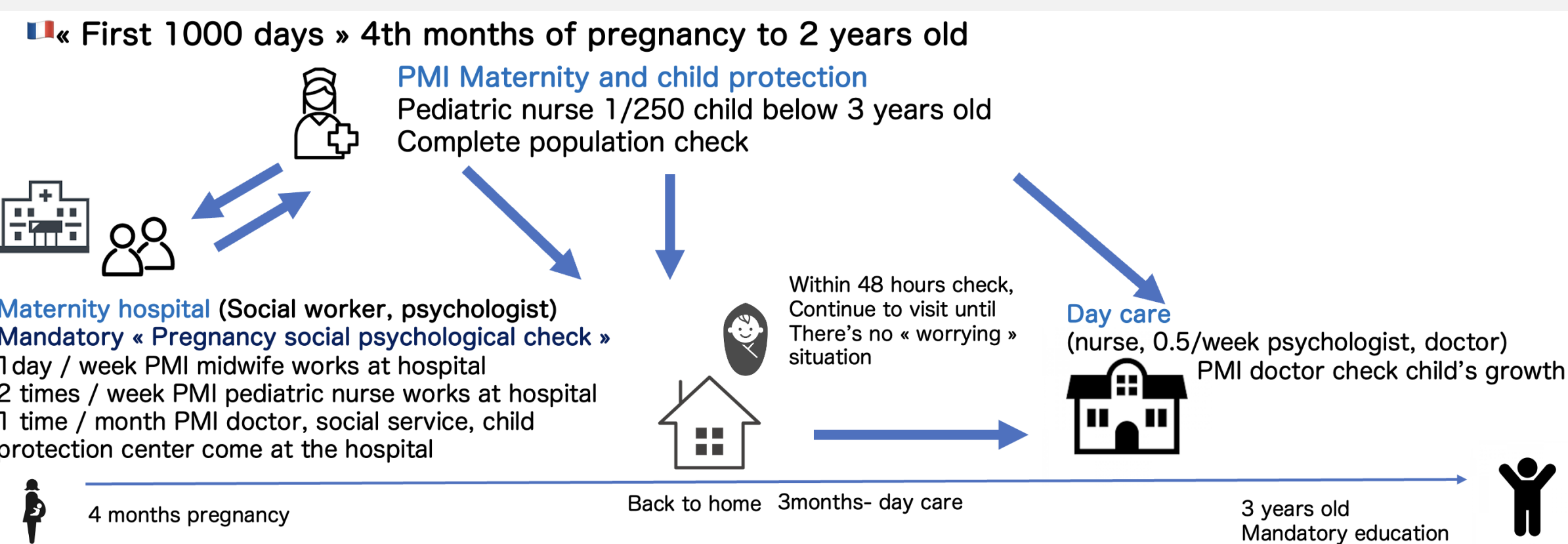
In Japan, there are new services but parents have to access themselves. Prevention is still parents' responsibility.



【Method】 This study examined initiatives and practices based on "The First 1000 Days." 10 years after its start, what are each country's innovations? We organized and analyzed government materials published between 2019 to 2023.

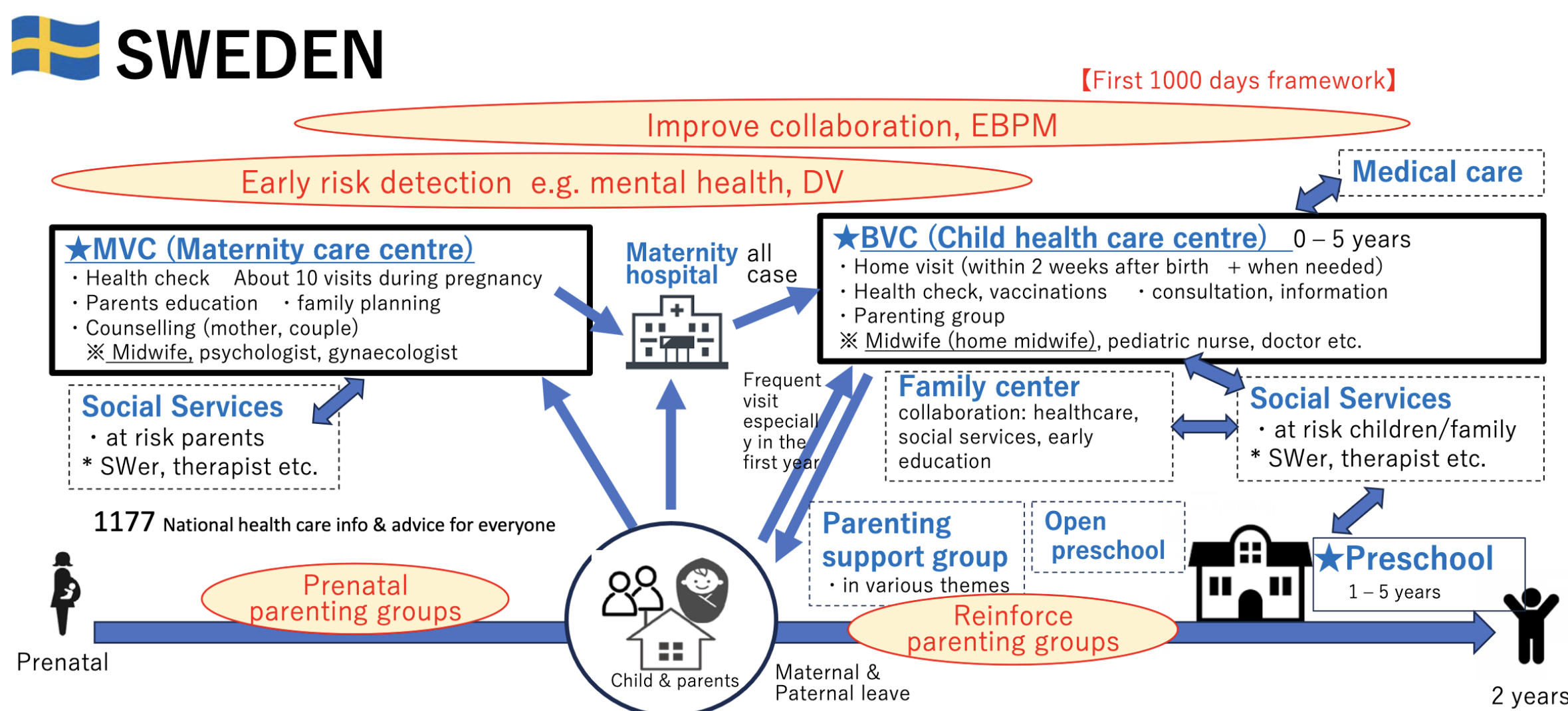
【 Results 】

France FR



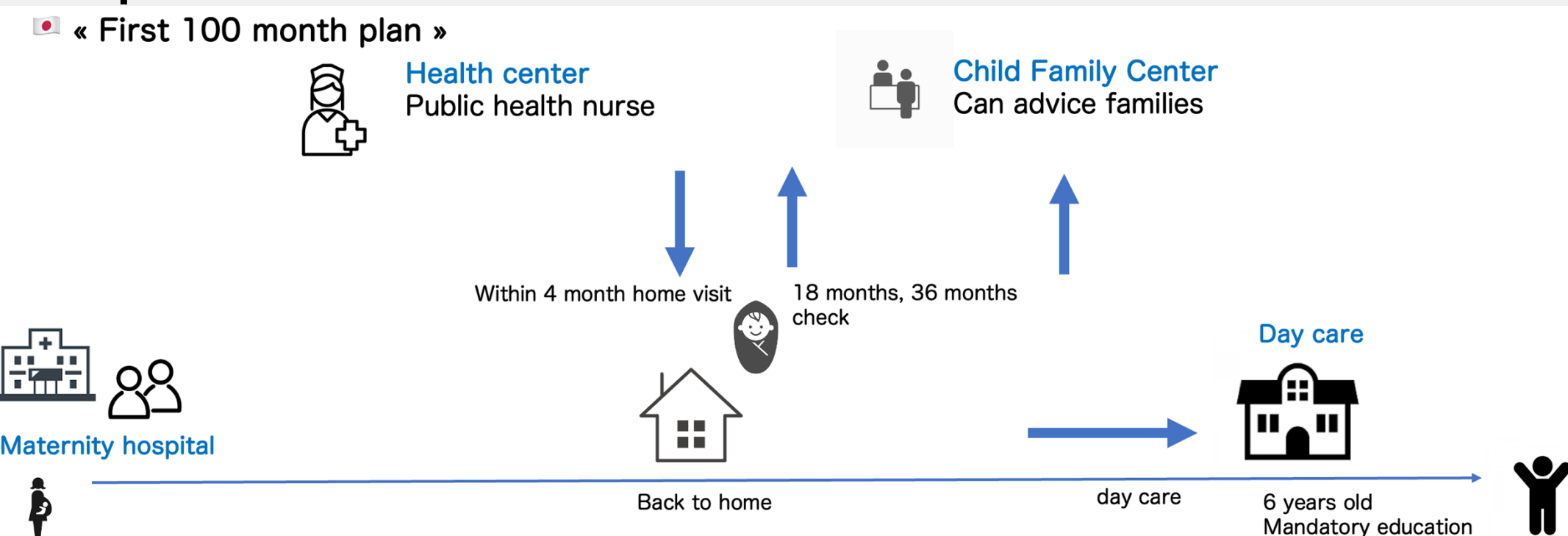
Professionals co-work system
Parents are surrounded by professionals from 4 months of pregnancy. Brain science based stimulation and awakening, attachment attention support.
First 1000 days is used to legitimize social worker's intervention to families and to reform support system.
Early risk detection, DV detection
Shared information to professionals about parenting support and child development
« What will the baby experience during pregnancy? »
« How will be the environment surrounding the baby after birth? »
« If parents have many experiences of being helped, they will trust and consult professionals »

Sweden SE



Nordic countries network project since 2019
Public Health Agency
Reinforcement of existing universal measures
• Early risk detection including DV "The first 1000 days – a window of opportunity"
• More EBPM
• Improve collaboration among different professional areas
• More parenting support
Good practice: Prenatal parenting support for individual & group
→ to build individual supportive relationships between professionals and parents

Japan JP



Government doesn't propose First 1000 days plan
Under low birth rate, child care support is promoted – Child Family Center to combine child social service and maternal and child health service.
"First 100 month plan" Nutrition focused
Service can be used after demand of parent and certification from professionals
Recent developments is to distribute books about postpartum depression, access to stay overnight care to mother and child, subsidy to use helper services.
½ of child death occur below 2 years old
60% of 0-2y doesn't go to day care
School from 6 years old

【 Discussions 】

	JP JAPAN	FR FRANCE	SE SWEDEN
Who does primary prevention?	Parents can ask for a help	Public institutions professionals	
How to start parenthood	Parent have to go to cityhall to receive check and information	Social and psychological check from 4 months pregnancy	
Home visit	1 time between 4 months after birth, child abuse check.	between 48h after getting out of hospital, every 2 days as long as necessary	
Complete population check	18 months, 36 months, 2 times	Pregnancy – 24 months 4 times	
Day care medical professionals	-	Nurse, Doctor, psychologist	
What is it focused for?	Nutrition	Pregnant woman's psychological state, social environment, babies brain stimulation and awakening, attachment	
Model	PULL model (very few person uses services)	PUSH model « professionals coordinates care » (100% child is under professionals eyes)	

【 Reference 】

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